



Dear Lindbergh Schools Parents:

The beginning of the school year is approaching, and we want to extend a warm welcome and let you know that Chartwells School Dining Services has exciting plans for your school meal program. School meals are nutritious, a great value and more satisfying than ever for students. This year, Chartwells has exciting events and new menu items planned for your child's school cafeteria. Our job is to make sure that we serve healthy, well-balanced meals to students that they will enjoy eating. We also strive to make the dining experience a special one, so we have planned activities that will appeal to all of our students. Below are some of the highlights to help begin the new school year.

Simply Good

Throughout the year, students will have the opportunity to learn about healthier food options with fun and engaging activities that we have planned in the school cafeteria through our *Simply Good* program. *Simply Good* has a culinary emphasis that focuses on healthier meal options, especially ones with fruits, vegetables, whole grains and lean proteins. Look for more information on these special events coming soon.

School Breakfast

Mornings can be really crazy! The alarm doesn't go off, the kids don't want to get up, or there is not enough time to eat breakfast before the bus comes. If this sounds like your house we have good news for you.

Breakfast is available at school! Take advantage of this option to ensure your child eats a nutritious breakfast. Numerous studies show a strong link between nutrition and learning. A nutritious breakfast helps students to be more alert so they can actively participate in class. Daily breakfast offerings include muffins, cereal, bagels w/cream cheese, yogurt, fresh fruit and low fat milk. Featured entrees include breakfast pizza, pancakes, waffles, French toast and cinnamon rolls.

New Easy To Access School Menus

The way you access school menus is changing, and we are sure you will love it! Lindbergh Schools, in partnership with Chartwells K12, is now using Nutrislice to publish the school menus to a new interactive website and a free smartphone app. Now you can access your menus anywhere, anytime. The menus will also now provide more information about menu items, including a photo and description. It will filter common food allergens like nuts, dairy and wheat. You can access nutrition information like carb counts and calories with just a few clicks! As well as print a PDF version of the menus directly from the website, if you prefer.

Meal Prices:

Breakfast Prices for 2018-2019

- \$1.45** Regular Breakfast
- \$0.30** Reduced-Price Breakfast
- \$0.90** Milk Only

Lunch Prices for 2018-2019

\$3.60 Adult Lunch

\$3.05 Elementary Lunch
\$3.55 Papa John's Lunch
\$0.40 Reduced-Price Lunch

\$3.20 Middle School Lunch
\$0.40 Reduced-Price Lunch

\$3.20 High School Lunch
\$0.40 Reduced-Price Lunch

Lindbergh High is on Tier Pricing

\$3.20 Regular Pricing, Upgraded Regular \$3.75 and Upgraded Specialty \$4.10/\$4.60 Reduced \$0.40

Meal Station Offerings:

Crust & Stuff offers homemade pizza on a whole wheat crust with flax seed oil at \$3.20. **It will also feature whole grain Bosco sticks (2) with Marinara sauce for \$4.10**

Toast Post offers fresh made Panini sandwiches a regular priced line for \$3.20 which is located inside next to Crust & Stuff ****There is also a upgraded Toast Post station located in the new commons area offering upscale sandwiches with baked waffle fries for \$4.60.**

Casa Amigo offers Mexican items such as made to order tacos and nachos. This station is a regular priced \$3.20. ****This station also offers an upgraded specialty menu called Sono which is located in the new commons area offering homemade burritos/salads and bowls for \$3.75.**

Grab-A-Stack offers hamburgers, grilled & breaded chicken sandwiches along with a daily feature. These meals are priced at the regular price of \$3.20.

****This station also offers an upgraded specialty priced meal serving a Spicy Chicken Sandwich, Turkey Burger and a Black Bean Burger for \$4.60.**

Asian/Pasta offers a variety of Asian and Italian made dishes such as pasta w/red or white sauce with a choice of protein/vegetable toppings and a large salad bar. This station is priced at \$3.75.

New 2018-2019 is a new improved vegetarian menu.

All Meal Combos offer a hot vegetable and a fresh fruit & vegetable bar.

Healthy Ala Carte Snacks: will be increasing this year based on the new USDA Meal Requirements.

Prepayment System

Chartwells uses Lindbergh's SIS accounting system to record student payments and purchase's throughout the school year. A few reminders to begin the year:

- **Establish your student's meal account before school starts**
- Checks should be made payable to the **Lindbergh Schools Foodservice** with the student's name and amount enclosed in a pre-payment envelope, which are located in the principal's office
- **Pre-payments can also be made through Pay Pal.**
- **After the start of school, pre-payments will be accepted in the morning or at the register.**
- Pre-payment deposits are recommended weekly or monthly to avoid negative student account balances.
- **Based on student feedback, we will be introducing designated registers that will accept cash at the point of service at Sperreng, Truman, and Lindbergh High School.**

Online Meal Payment through SISK12

The SISK12 Parent Portal's computerized debit system allows you to pay in advance for meals and ala carte foods such as milk, juice and snacks. Payments may be made using Pay Pal, debit or credit cards. There is a nominal service fee per transaction. Although we recommend that all students use their prepaid account to ensure speed of service, customers will still be able to deposit cash on a daily basis as they have in the past.

Local Meal Charge Procedure

Recent guidance from the US Department of Agriculture requires school districts to provide written notice of meal charge procedures. Unless meals are provided at no charge, the district prefers students and employees to pay for meals prior to receipt. The ability to charge meals is a privilege, not a right, and is subject to the limitations established in this procedure.

Students

1. Account balance cannot exceed more than (\$15.00) negative balance for meal charges only
2. May not charge meals on or after the first school day in May each year.
3. May not charge à la carte items, if student meal account balance is at zero or below
4. Must pay meal account balances in full at the end of each school year.
5. Will not be shamed or punished by the district for the failure of their parents/guardians to pay for or provide meals, and the district will not hold student records in violation of law.

Employees

1. May not accumulate more than \$15 in meal charges.
2. May not charge meals on or after the first school day in May each year.
3. Must pay meal account balances in full at the end of each semester.

Interventions

1. If a student accumulates excessive meal charges, the district will encourage the parents/guardians to submit an application for free and reduced meals if an application has not recently been submitted.
2. The district will make repeated attempts to contact the parents/guardians to notify them of the meal charges and resolve the situation.

Notifications to Parents/Guardians

1. The district will provide timely notification when account balances run low.
2. Unpaid meal charges will be considered delinquent 90 days after the end of each school year. The district has the option to turn over unpaid meal charge balances to a collection agency when the superintendent or designee determines such action is in the best interest of the district.
3. **NEW: During the enrollment process, each parent will be required to acknowledge that they have read and understand the meal charge policy.**

Student Account Balances

Balances from the previous school year have been carried forward to the new school year, and from school to school. For balance information, you may call the Food Service Office at 314-729-2400, ext. 8872 or check the Online Parent Portal. Parents are notified of low or negative balances.

Both Chartwells and Lindbergh Schools are dedicated to providing quality, nutritious meals to students. We hope you will encourage your child to continue to enjoy their favorite meals and try our new dining offerings. We also hope you will join us for a meal at school to see the changes for yourself.

Gloria Holliday, FMP

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