



Summer 2024

**LINDBERGH**

COMMUNITY ED & REC



Convenient learning and fun for all.  
Building relationships, resiliency, and enthusiasm.

**Lindbergh**Schools

# General Information

## About Us

Lindbergh Community Ed & Recreation provides lifelong learning and recreation opportunities to community members. Our programs strive to develop an atmosphere that emphasizes learning, teamwork, sportsmanship, resiliency, and enthusiasm! Programs are available to all. Some before and after-school programs may be limited to attending students.

## Online Registration

All registrations are made online via our Eleyo system. First-time users will need to create an Eleyo account using a valid email, or your Facebook or Google account to sign-in. Then you can add others to the account, as needed. Create your account and register for programs at [lindberghschools.ce.eleyo.com](http://lindberghschools.ce.eleyo.com).

## Virtual Learning

Participants must provide own technology to help facilitate these activities. Internet access is required, as we will be using web-based platforms, such as Zoom. Instructors will email links and any further info needed prior to the start of class.

## Email

[communityed.rec@lindberghschools.ws](mailto:communityed.rec@lindberghschools.ws)

## Phone

314-729-2400

## Website

[go.lindberghschools.ws/commedandrec](http://go.lindberghschools.ws/commedandrec)



## Cancellations, Refunds

There will be no refunds 7-business days prior to the start of class or after, unless the individual experiences a medical problem that prohibits participation for the remainder of the program session. If a medical problem exists, upon presenting a doctor's note, the refund amount will be prorated based on the number of sessions attended, minus any supplies fee. Cancellations prior to 7-business days will receive a refund, minus any supplies fee, however this may not apply to all programs, such as Flyers Club or sports leagues. For Flyers Club or sports leagues, cancellations must be made 14-business days prior to the start date. Community Ed & Rec reserves the right to cancel a program, in which case full refunds will be issued. Attendance is the responsibility of program participants and refunds are not available for missing a class. We follow the Lindbergh Schools inclement weather policy.

## Financial Assistance

Partial fee assistance may be available for some programs if you are an attending Lindbergh students who qualifies for free/reduced meals through Lindbergh Schools. Fee assistance can only be applied at the time of registration and cannot be retroactive. Some programs may be excluded. If you qualify, please email us at [communityed.rec@lindberghschools.ws](mailto:communityed.rec@lindberghschools.ws) with the student's name, grade, and attending school.

Facebook



[@lindberghcommedandrec](https://www.facebook.com/lindberghcommedandrec)

Instagram



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## Flyers Club

Flyers Club offers high quality school-age child care programs for elementary students, such as Before and After School Care, School's Out Camp, and a full-day Summer Camp. Check out what is happening at Flyers Club this season!

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## Enrichment

There is something for everyone! Engage and explore with a variety of programs that enhance your skills, knowledge, and quality of life. Enjoy programs such as: Ballet, Driver Education, Music, Art, Adult Fitness, STEAM, and more!

**Pages 8-17**



## Gymnastics, Cheer & Dance

Enjoy a safe environment and structure that provides aspiring athletes to learn new skills and have fun with friends! Learn the core foundations of performance or build your skills and passion by trying out for our competitive team!

**Pages 18-22**



## Sports

Let's get in the game and play hard! Join in on the action and enjoy a valuable experience through a variety of athletic programs. Part of the experience includes ensuring a safe and enjoyable place for participants of all levels of play!

**Pages 23-28**

# Summer Camps Grid: Weeks of May 27-June 24

All summer programs with grade requirements are for the grade students will enter in 2024-25 school year

Program	Week of May 27	Week of June 3	Week of June 10	Week of June 17	Week of June 24
<b>Flyers Club</b>	<b>No Camp Flyers Club</b>	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Tue, Thu-Fri (6:30a-6p)	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)
<b>Enrichment</b>		<b>@ Dressel*</b> *Supervision available between morning & afternoon enrichment camps at Dressel.  <b>Morning Camps</b> Brick City gr. 1-6 Mon-Thu (9a-12p)  Chess Camp gr. 1-6 Mon-Thu (9a-12p)  Jewelry- Nature gr. 1-5 Mon-Thu (9a-12p)  Little Doctor gr. 1-5 Mon-Thu (9a-12p)  Mathemagic gr. 1-6 Mon-Thu (9a-12p)  <b>Afternoon Camps</b> Bricks Superheroes gr. 1-6 Mon-Thu (12:30-3:30p)  Little Vet Canine gr. 1-5 Mon-Thu (12:30-3:30p)  <b>Morning and Afternoon</b> Astro Innovators gr. 1-6 Mon-Thu (9a-3p)  <b>@ Sappington</b> Archery & Outdoor Adventure gr. 3-6 Mon-Thu (9a-12p)  Invasion Games gr. 3-6 Mon-Thu (12:30-3:30p)	<b>@ Dressel*</b> *Supervision available between morning & afternoon enrichment camps at Dressel.  <b>Morning Camps</b> Bricks Minecraft gr. 1-6 Mon-Thu (9a-12p)  Drone Racing gr. 3-6 Mon-Thu (9a-12p)  Jewelry- Swiftly Fans gr. 1-5 Mon-Thu (9a-12p)  Video Production gr. 3-7 Mon-Thu (9a-12p)  <b>Afternoon Camps</b> Bricks Pokémon gr. 1-6 Mon-Thu (12:30-3:30p)  Dance Camp gr. 3-6 Mon-Thu (12:30-3:30p)  <b>Morning and Afternoon</b> Crayola Wild World gr. 1-6 Mon-Thu (9a-3p)  Rocket Camp gr. 1-6 Mon-Thu (9a-3p)  <b>@ Sappington</b> Archery & Outdoor Adventure gr. 3-6 Mon-Thu (9a-12p)  Let's Get Moving gr. 3-6 Mon-Thu (12:30-3:30p)	<b>@ Dressel*</b> *Supervision available between morning & afternoon enrichment camps at Dressel.  <b>Morning Camps</b> Little Green Thumb ages 4-5 Mon-Tue, Thu (9a-12p)  Balloonatics gr. 1-6 Mon-Tue, Thu (9a-12p)  Bricks Mario Bros. gr. 1-6 Mon-Tue, Thu (9a-12p)  Chess Camp gr. 1-6 Mon-Tue, Thu (9a-12p)  Jewelry- Summer gr. 1-5 Mon-Tue, Thu (9a-12p)  World of Sports gr. 2-4 Mon-Tue, Thu (9a-12p)  <b>Afternoon Camps</b> Bricks Ninja Turtles gr. 1-6 Mon-Tue, Thu (12:30-3:30p)  NASA-Outer Space gr. 1-6 Mon-Tue, Thu (12:30-3:30p)  <b>@ ECE West Gym</b> Jr Cheer ages 5-14 Mon-Tue, Thu-Fri (9a-3:30p)	<b>@ Dressel*</b> *Supervision available between morning & afternoon enrichment camps at Dressel.  <b>Morning Camps</b> Brick Challenge gr. 1-6 Mon-Thu (9a-12p)  Chess Camp gr. 1-6 Mon-Thu (9a-12p)  Jewelry- Magical Kingdom gr. 1-5 Mon-Thu (9a-12p)  Mind-Read/Tricks gr. 1-6 Mon-Thu (9a-12p)  STEM Sleuths gr. 1-5 Mon-Thu (9a-12p)  World of Sports gr. 5-8 Mon-Thu (9a-12p)  <b>Afternoon Camps</b> Bricks Disney/Star Wars gr. 1-6 Mon-Thu (12:30-3:30p)  Little Pediatrician gr. 1-5 Mon-Thu (12:30-3:30p)  <b>Morning and Afternoon</b> Artist's Passport gr. 1-6 Mon-Thu (9a-3p)  Mad Science Make It! gr. 1-6 Mon-Thu (9a-3p)
<b>Gymnastics, Cheer &amp; Dance</b>	<b>@ ECE West Gym</b> Cheer Camp ages 6-14 Tue-Fri (9a-12p)	<b>@ ECE West Gym</b> Gymnastics ages 5-14 Mon-Fri (9a-3:30p)	<b>@ ECE West Gym</b> Gymnastics ages 5-14 Mon-Fri (9a-3:30p)	<b>@ ECE West Gym</b> Jr Cheer ages 5-14 Mon-Tue, Thu-Fri (9a-3:30p)	<b>@ ECE West Gym</b> Gymnastics ages 5-14 Mon-Fri (9a-3:30p)
<b>Sports</b>	<b>@Truman</b> Soccer Camp gr. 1-8 Tue-Fri (9a-12p)  FUNdamentals ages 7-8 Tue-Fri (9a-12p)  FUNdamentals ages 9-12 Tue-Fri (1-4p)	<b>@ Truman</b> Flag Football gr. 2-5 Mon-Thu (9-11:30a)	<b>@Truman</b> Baseball/Soccer Ages 7-12 Mon-Thu (9a-12p)	<b>@LHS</b> Basketball Camp Ages 7-8 Mon-Tue, Thu-Fri (9a-12p)  Basketball Camp Ages 9-12 Mon-Tue, Thu-Fri (1-4p)	<b>@LHS</b> Track & Field Ages 7-12 Mon-Thu (9a-12p)  Basketball Camp Ages 7-8 Mon-Thu (9a-12p)  Basketball Camp Ages 9-12 Mon-Thu (1-4p)

# Summer Camps Grid: Weeks of July 1-August 5

All summer programs with grade requirements are for the grade students will enter in 2024-25 school year

Program	Week of July 1	Week of July 8	Week of July 15	Week of July 22	Week of July 29	Week of Aug 5
<b>Flyers Club</b>	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Wed, Fri (6:30a-6p)	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	<b>@ Dressel</b> Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	<b>No Camp Flyers Club: School Year Prep</b>
<b>Enrichment</b>		<b>@ Dressel*</b> *Supervision available between morning & afternoon enrichment camps at Dressel.  <b>Morning Camps</b> Bricks Wizards gr. 1-6 Mon-Thu (9a-12p)  Extreme Sports gr. 1-3 Mon-Thu (9a-12p)  Ignite Theatre gr. 1-6 Mon-Thu (9a-12:30p) 2-week camp  Little Vet- Feline gr. 1-5 Mon-Thu (9a-12p)  Playground Games gr. 4-6 Mon-Thu (9a-12p)  Video Production gr. 3-7 Mon-Thu (9a-12p)  <b>Afternoon Camps</b> Bricks Minecraft gr. 1-6 Mon-Thu (12:30-3:30p)  Extreme Sports gr. 4-6 Mon-Thu (12:30-3:30p)  Little Vet- Equine gr. 1-5 Mon-Thu (12:30-3:30p)  Playground Games gr. 1-3 Mon-Thu (12:30-3:30p)  <b>Afternoon and Morning</b> Earth & Space gr. 1-6 Mon-Thu (9a-3p)  <b>@ Truman</b> Camp Innovate gr. 6-9 Mon-Thu (8:30a-3p)	<b>@ Dressel*</b> *Supervision available between morning & afternoon enrichment camps at Dressel.  <b>Morning Camps</b> Bricks Pokémon gr. 1-6 Mon-Thu (9a-12p)  Extreme Sports gr. 1-3 Mon-Thu (9a-12p)  Ignite Theatre gr. 1-6 Mon-Thu (9a-12:30p) 2-week camp  Playground Games gr. 4-6 Mon-Thu (9a-12p)  <b>Afternoon Camps</b> Bricks Mario Bros. gr. 1-6 Mon-Thu (12:30-3:30p)  Extreme Sports gr. 4-6 Mon-Thu (12:30-3:30p)  Playground Games gr. 1-3 Mon-Thu (12:30-3:30p)  <b>Morning and Afternoon</b> Camp Ignite gr. 2-6 Mon-Thu (9a-3:30p)  Secret Agent Lab gr. 1-6 Mon-Thu (9a-3p)  World of Design gr. 1-6 Mon-Thu (9a-3p)  <b>@ Sperreng</b> Camp Innovate gr. 6-9 Mon-Thu (8:30a-3p)	<b>@ Dressel*</b> *Supervision available between morning & afternoon enrichment camps at Dressel.  <b>Morning Camps</b> Bricks Ninja Turtles gr. 1-6 Mon-Thu (9a-12p)  Chess Camp gr. 1-6 Mon-Thu (9a-12p)  Dance Camp gr. 3-6 Mon-Thu (9a-12p)  Kids Comedy gr. 1-6 Mon-Thu (9a-12p)  Wilderness Med. gr. 1-5 Mon-Thu (9a-12p)  <b>Afternoon Camps</b> Bricks Superheroes gr. 1-6 Mon-Thu (12:30-3:30p)  Drone Racing gr. 3-6 Mon-Thu (12:30-3:30p)  Sports Medicine gr. 1-5 Mon-Thu (12:30-3:30p)  <b>Morning and Afternoon</b> Camp Ignite gr. 2-6 Mon-Thu (9a-3:30p)  Art Blazers gr. 1-6 Mon-Thu (9a-3p)		
<b>Gymnastics, Cheer &amp; Dance</b>		<b>@ ECE West Gym</b> Competitive ages 5-14 Mon-Fri (9a-3:30p)	<b>@ ECE West Gym</b> Gymnastics ages 5-14 Mon-Fri (9a-3:30p)	<b>@ ECE West Gym</b> Jr Cheer ages 5-14 Mon-Fri (9a-3:30p/ 9a-12p)	<b>@ ECE West Gym</b> Competitive ages 5-14 Mon-Fri (9a-3:30p/9a-12p)	<b>@ ECE West Gym</b> Gymnastics ages 5-14 Mon-Fri (9a-3:30p/9a-12p)
<b>Sports</b>	<b>@ Truman</b> Baseball Camp gr. 1-3 Mon-Wed (9a-12p)	<b>@ Truman</b> Soccer Camp gr. 1-8 Mon-Thu (9a-12p)	<b>@ Truman</b> Baseball/Soccer Ages 7-12 Mon-Thu (9a-12p)  <b>@ LHS</b> Basketball Camp Ages 7-8 Mon-Thu (9a-12p)  Basketball Camp Ages 9-12 Mon-Thu (1-4p)	<b>@ Truman</b> Flag Football Ages 7-12 Mon-Thu (9a-12p)	<b>@ Truman</b> Batter Up Baseball gr. 1-3 Mon-Thu (9-11a)	

# Camp Flyers Club



## Flyers Club Summer Camp: Students Entering Grades 1-6

Let's make memories! Camp Flyers Club offers a fun and active summer program for current elementary students that will be entering 1st-6th grade. Get ready to enjoy new adventures each week with a different theme and activities! Experience art, music, games, science, and more! Each week includes swimming and either a field trip or special guest presentation. All enrollment applications are initially placed on a waiting list for approval and will be accepted in the order received until each week is full. Student grade levels are based on the upcoming 2024-25 school year.

### Flyers Club Camps are held at Dressel Elementary

- **\$25 nonrefundable application fee per student**
- Camp Hours are 6:30 a.m.-6 p.m.
- Schedule option of 4 or 5 days per week
- Auto-draft payments required
- Weekly tuition due on the Thursday prior to the start of camp

### Weekly Camp Tuition

Days per Week	Weekly Rate
4 (Mon-Thu)	\$215
5 (Mon-Fri)	\$235

### Items to Bring:

1. Lunch/water bottle
2. Two snacks (AM & PM)
3. Change of clothes
4. Tennis shoes
5. Sunscreen
6. Hat/sunglasses

### Items to Keep at Home:

1. Clothes that can't get dirty
2. Money/valuable items
3. Toys/electronics
4. Food that needs to be heated or refrigerated
5. Pets

### Weekly Camp Dates and Themes

#### Monday-Friday \*Weeks 3 and 5 are 4-days

Week 1 | June 3-7 | Nature Explorers

Week 2 | June 10-14 | Under the Sea

\*Week 3 | June 17-21 (no camp June 19) | Heroes

Week 4 | June 24-28 | Animal Kingdom

\*Week 5 | July 1-5 (no camp July 4) | Party USA!

Week 6 | July 8-12 | Wild West

Week 7 | July 15-19 | Sports Mania

Week 8 | July 22-26 | Space Expedition

Week 9 | July 29-Aug 2 | Artistic Inspiration



## Register Today!

Visit us online at  
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# Flyers Club Before-After Care

## Flyers Club Before and After School-Age Care: 2024-25 School Year

Flyers Club before and after care provides students in grades K-5 with a fun, safe, and engaging program during the hours before and after school. Programs are located at all Lindbergh elementary schools, providing a familiar and convenient setting. The staff-student ratio for Flyers Club is 1:16. Student interests directs the activities in Flyers Club. Activities may include art, drama, math games, science, music, and reading. Exploration of ideas and friendships with peers are encouraged by our caring Flyers Club staff team. Participation is limited to attending students and enrollment options are subject to availability. All enrollment applications are placed on a waiting list for approval. You will receive a notification once your contract is approved.

### Early Release Days

Flyers Club offers after care on days when the elementary schools have half days at no extra cost to students enrolled in after care. Students can attend at their school location from dismissal time until 6 p.m.

### School's Out Camp

Flyers Club offers programming on planned days when Lindbergh Schools is not in session, for an additional fee. Care is not offered when the district closes for inclement weather, official holidays, or unforeseen circumstances. School's Out Camp information will be available in the upcoming Fall and Winter-Spring Catalogs.

### 2024-25 Monthly Tuition Rates

Days per Week	Before & After	Before Only	After Only
3	\$265	\$135	\$168
4	\$322	\$159	\$199
5	\$355	\$177	\$221

- **\$25 nonrefundable application fee per student**
- Before Care starts at 6:30 a.m.
- After Care ends at 6 p.m.
- Monthly billing August-May (10-payments)
- Auto-draft payments required
- Partial fee assistance is available for students qualifying for free and reduced meals



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# Enrichment



## Camp Ignite: Grades 2-6

Do you enjoy robotics, coding, and augmented reality? At camp Ignite, we believe in the power of imagination, creativity and innovation. Our mission is to encourage STEAM learning experiences through the design and construction of physical objects. Educators will lead the activities, which have been designed to support student development, especially in the area of science. Engage in making predictions, designing, testing, revising and retesting their project designs. Explore Book Creator, Chess, Coding, Robotics, and more! Please bring a sack lunch, snacks, and water bottle.

Mon-Thu | July 15-18 | 9 a.m.-3:30 p.m. | Dressel Elem  
\$209 | Register by July 1

Mon-Thu | July 22-25 | 9 a.m.-3:30 p.m. | Dressel Elem  
\$209 | Register by July 1

## Camp Innovate: Grades 6-9

Producing videos, designing projects with special printers, and solving mysteries with secret codes are just a few of the projects you will see at our Makerspace this summer. At Camp Innovate, we believe in the power of imagination, creativity, and innovation. We encourage STEAM learning experiences through the design and construction of physical objects. Explore all of the following topics throughout the day: Breakout Boxes, 3D Printer, Minecraft EDU, Green Screens, Cricut Maker, and Laser Printer. Please bring a sack lunch, snacks, and water bottle.

Mon-Thu | July 8-11 | 8:30 a.m.-3 p.m. | Truman Middle  
\$209 | Register by June 24

Mon-Thu | July 15-18 | 8:30 a.m.-3 p.m. | Sperrang Middle  
\$209 | Register by July 1



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# Enrichment



## Archery & Outdoor Adventure: Grades 3-6

Enjoy outdoor education activities and archery! Build tents, have a fishing derby, participate in orienteering, play yard games and practice archery. Learn about camping safety and how to be a responsible hunter and/or camper. Camp will move indoors for inclement weather. Taught by PE teachers Mary Driemeyer and Scott Mulvaney.

Mon-Thu | June 3-6 | 9 a.m.-noon | Sappington Elem  
\$145 | Register by May 27

Mon-Thu | June 10-13 | 9 a.m.-noon | Sappington Elem  
\$145 | Register by June 3

## Invasion Games: Grades 3-6

Fast paced group and small-sided games that focus on open space, offense, defense, and teamwork. Games include Capture the Flag, Castleball, Capture the Corner, Ultimate, Wallball, Soccer, Basketball, and more plus some bonus open gym time.

Mon-Thu | June 3-6 | 12:30-3:30 p.m. | Sappington Elem  
\$145 | Register by May 27

## World of Sports: Grades 2-8

Just want to play sports? This program will allow you to experience a wide variety of sports, such as basketball, soccer, floor hockey, and dodgeball!

### Grades 2-4

Mon-Tue, Thu | June 17-20 | 9 a.m.-noon | Dressel Elem  
\$109 | Register by June 10 | No class June 19

### Grades 5-8

Mon-Thu | June 24-27 | 9 a.m.-noon | Dressel Elem  
\$145 | Register by June 17

## Let's Get Moving: Grades 3-6

Fast paced games that involve chasing, fleeing, and dodging. Games include dodgeball, Medic ball, Gaga Ball and a multitude of large and small group tag games plus some bonus open gym time.

Mon-Thu | June 10-13 | 12:30-3:30 p.m. | Sappington Elem  
\$145 | Register by June 3

## Ignite Theatre-Hard Knock Camp: Grades 1-6

Put on a show with Ignite Theatre Company, a nationally award-winning youth theatre company. Explore the classic story of everyone's favorite red-headed orphan while learning music, choreography, and acting skills. Concludes with a final performance for friends and family.

Mon-Thu | July 8-18 | 9 a.m.-12:30 p.m. | Dressel Elem  
\$379 | Register by July 1 | This camp is for 2-weeks

## Video Production: Grades 3-7

Lights, Camera, Action! Enjoy hands-on experience to learn the basics of video production and bring imagination to life! We will cover script writing, creating special effects, basic editing, and how to operate production equipment!

Mon-Thu | June 10-13 | 9 a.m.-noon | Dressel Elem  
\$145 | Register by June 3

Mon-Thu | July 8-11 | 9 a.m.-noon | Dressel Elem  
\$145 | Register by July 1



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# Enrichment



## Jewelry Creations-Nature: Grades 1-5

Embrace the world around us by creating some naturally beautiful jewelry and accessories. We will be making semi precious bracelets, nature themed metal stamping, clay pressed pendants, solar system necklaces, and more.

Mon-Thu | June 3-6 | 9 a.m.-noon | Dressel Elem  
\$139 | Register by May 27

## Jewelry Creations-Swifty Fans: Grades 1-5

Calling all Taylor Swift fans! This fun-filled class will include song and album themed jewelry, plus jewelry inspired by some of Taylor's eras tour outfits. We can not forget the friendship bracelets to pass out to your friends as well. It's going to be a blast!

Mon-Thu | June 10-13 | 9 a.m.-noon | Dressel Elem  
\$139 | Register by June 3

## Jewelry Creations-Summer Fun: Grades 1-5

Summer is here! Let's celebrate by making some fun colorful jewelry. We will be making ankle bracelets, bookmarks, choker necklaces, beach themed charm bracelets, bubble wands, and so much more.

Mon-Tue, Thu | June 17-20 | 9 a.m.-noon | Dressel Elem  
\$109 | Register by June 10 | No class June 19



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## Jewelry Creations-Magical Kingdom: Grades 1-5

Pick your favorite storybook characters to create one of a kind character themed jewelry and accessories. This includes bracelets, necklaces, bubble magic wands, ankle bracelets wire wrap crown headbands, and more!!

Mon-Thu | June 24-27 | 9 a.m.-noon | Dressel Elem  
\$139 | Register by June 17

## Saint Louis Chess Club Camp: Grades 1-6

Chess camp is the perfect way to learn the game or for established players to deepen their understanding. Trained chess club instructors provide daily lessons, puzzles, and play to help guide you through each lesson. Instruction offers a solid basic foundation, emphasizing the fundamental skills needed to begin a lifetime of learning in chess including: proper piece and board set-up, algebraic notation (chess language), and principles of play. Offered in partnership with the Saint Louis Chess Club.

Mon-Thu | June 3-6 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by May 27

Mon-Tue, Thu | June 17-20 | 9 a.m.-noon | Dressel Elem  
\$149 | Register by June 10 | No class June 19

Mon-Thu | June 24-27 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by June 17

Mon-Thu | July 22-25 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by July 15



# Enrichment



## Little Vet Canine Companions: Grades 1-5

Become a paw-some vet! Give a nose to tail exam, suture lacerations, immunizations, remove ticks, read an x-ray, explore digestion, and understand dog body language. Offered in partnership with Little Medical School®.

Mon-Thu | June 3-6 | 12:30-3:30 p.m. | Dressel Elem  
\$229 | Register by May 27

## Little Vet Feline Friends: Grades 1-5

Be the purr-fect vet! Give a nose to tail exam, suture lacerations, immunizations, discover elements in the blood, read an x-ray, explore digestion, and body language. Offered in partnership with Little Medical School®.

Mon-Thu | July 8-11 | 9 a.m.-noon | Dressel Elem  
\$229 | Register by July 1

## Little Vet Equine: Grades 1-5

Biting at the bit to learn how to care for a horse? Use medical tools to keep your newly adopted horse happy and healthy. After learning horse anatomy, riding styles, and nutrition, ride into the sunset with your diploma. Offered in partnership with Little Medical School®.

Mon-Thu | July 8-11 | 12:30-3:30 p.m. | Dressel Elem  
\$229 | Register by May July 1



### Register Today!

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## Wilderness Medicine: Grades 1-5

Conquer the great outdoors! Role play emergency scenarios and prepare for natural disasters. Learn about snake bites, hypothermia, tourniquets, poisonous plants, distress signals, forest fires, ,water safety, and more. Offered in partnership with Little Medical School®.

Mon-Thu | July 22-25 | 9 a.m.-noon | Dressel Elem  
\$229 | Register by July 15

## Sports Medicine: Grades 1-5

Discover the all-star team behind your favorite athletes! From physical therapists to nutritionists, get a peek at how the pros stay in shape. Learn how to treat common sports injuries, such as Tommy John Surgery, and hydration. Offered in partnership with Little Medical School®.

Mon-Thu | July 22-25 | 12:30-3:30 p.m. | Dressel Elem  
\$229 | Register by July 15

## Little Pediatrician School: Grades 1-5

Learn about the umbilical cord and role-play a pediatrician, perform head-to-toe exam, diapering, and diaper rash. Learn how to burp, feed, and give a baby a bath. Also learn about immunizations and the Heimlich Maneuver for infants. Offered in partnership with Little Medical School®.

Mon-Thu | June 24-27 | 12:30-3:30 p.m. | Dressel Elem  
\$229 | Register by June 17

## Little Doctor Camp: Grades 1-5

Future doctors will learn about prescriptions, explore the brain and spine, and learn about vital bodily functions through hands-on activities and role-play. You will build a first aid kit and create models of the brain and spine. Offered in partnership with Little Medical School®.

Mon-Thu | June 3-6 | 9 a.m.-noon. | Dressel Elem  
\$229 | Register by May 27

# Enrichment



## STEM Sleuths: Grades 1-5

Conduct experiments on fingerprinting, collecting shoe prints, chromatography, composite drawing, facial reconstruction, toxicology, and handwriting analysis. Camp culminates in working together to solve a crime. Offered in partnership with Little Medical School®.

Mon-Thu | June 24-27 | 9 a.m.-noon | Dressel Elem  
\$229 | Register by June 17



## Mind-Reading & Cool Tricks: Grades 1-6

Mind read the word a spectator is thinking of, vanish coins, and change a card a spectator is holding in their hand! Have fun learning magic, while honing your literary skills, as most of the tricks involve reading, spelling, or writing. You'll get your own magic box and new tricks to put in it daily. Camp culminates with putting on a show for families. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 24-27 | 9 a.m.-noon | Dressel Elem  
\$124 | Register by June 17



## Mathmagic Camp: Grades 1-6

Mind read the number someone is thinking! Instantly add a column of 4-digit numbers! Make balls travel mysteriously from one hand to another! The tricks are math-based, so while having fun learning magic, you'll hone your math skills! Camp culminates with a mathmagic show for their families. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 3-6 | 9 a.m.-noon | Dressel Elem  
\$124 | Register by May 27

## Balloonatics Camp: Grades 1-6

Get ready for an exciting balloon bash! Create balloon animals, spin out with UFO balloons, and make a balloon helicopter that flies! Take home a different novelty balloon each day, such as a race car, rocket, and more! Camp concludes within a balloon twist jam for families. Offered in partnership with Abra-Kid-Abra.

Mon-Tue, Thu | June 17-20 | 9 a.m.-noon | Dressel Elem  
\$95 | Register by June 10 | No class June 19

## Kids Comedy Camp: Grades 1-6

Learn comedy by doing! Master the secrets of stand-up, sketch, and improv comedy. Take home a new gag each day such as rubber chickens, squirt rings, gag glasses, and more! Perform a new comedy for your family each night! Camp ends with a comedy show for family and friends. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | July 22-25 | 9 a.m.-noon | Dressel Elem  
\$124 | Register by July 15



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# Enrichment



## **Mad Science-Astro Innovators: Grades 1-6**

Use creative and collaborative skills to design a mission patch, train like an astronaut, and solve real-world engineering problems using spinoff technology, just like NASA astronauts working together on a mission. Create, a storyboard and presentation to share. Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 3-6 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by May 27

## **Mad Science-Rocket Camp: Grades 1-6**

This action-packed camp will focus on rockets! Learn the model rocket safety code, build rockets, and launch them! Try different roles, such as altitude trackers, launch preparers, and launchers for rocket launches. Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 10-13 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by June 3

## **Mad Science- Little Green Thumbs: Ages 4-5**

Develop understanding of how living things grow and interact within their environment. Conduct experiments, play games, and enjoy a themed-related story. Offered in partnership with Mad Science of St. Louis.

Mon-Tue, Thu | June 17-20 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by June 10 | No class June 19



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## **NASA-Journey to Outer Space: Grades 1-6**

Develop understanding of how living things grow and interact within their environment. Conduct experiments, play games, and enjoy a themed-related story. Offered in partnership with Mad Science of St. Louis.

Mon-Tue, Thu | June 17-20 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by June 10 | No class June 19

## **Mad Science-Make It! Camp: Grades 1-6**

Build a geodesic dome large enough for the entire camp and a bridge to withstand the shake, rattle, & roll challenge! Explore birds and bugs with hands-on activities. Brew concoctions to create sidewalk chalk and bath fizzers! Assemble pulleys, levers, catapults, and more! Discover photography and make a chromatography-dyed t-shirt. Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 24-27 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by June 17

## **Earth & Space Investigators: Grades 1-6**

Discover the world around you as you investigate everything from the Earth below to the skies above! Explore nature around you and find out how science can help protect our planet. Experience how Newton's laws are at work in your favorite sports and join the ranks of space scientists examining the mysteries of the solar system! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | July 8-11 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by July 1

## **Mad Science-Secret Agent Lab: Grades 1-6**

Ever dream of becoming a secret agent? Use spy tech equipment and take home gadgets like spy glasses! Step into the shoes of a detective as you uncover the science used in evidence gathering and analysis! Figure out the science of forensics with a hands-on look at crime scenes! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | July 15-18 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by July 8

# Enrichment



## Bricks 4 Kidz-Brick City: Grades 1-6

Let's build a city! Put your engineering and architecture skills to work to build city themed models using LEGO® Bricks. Have a blast using custom-built cars to move the people of the city around town! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 3-6 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by July 10

## Bricks 4 Kidz-Superheroes: Grades 1-6

Enjoy building Superheroes and Avengers with LEGO® bricks! Create a fantasy world and protect it against all the arch enemies with custom contraptions made with LEGO® bricks. Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 3-6 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by May 27

Mon-Thu | July 22-25 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by July 15

## Bricks 4 Kidz-Minecraft: Grades 1-6

Enjoy building Minecraft characters with LEGO bricks, amateur LEGO robotic motorized builds, and playing the real Minecraft computer game. No experience necessary. Two great things that go great together- Minecraft and LEGO bricks! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 10-13 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by June 3

Mon-Thu | July 8-11 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by July 1

## Bricks 4 Kidz-Pokemon: Grades 1-6

Capture wild Pokémon® creatures and train them for battle. Tap into your inner engineer as we build Dratini, Pikachu, Poké Balls, and more. Battle for power in your journey through the Pokémon® universe. Do you have what it takes to become a Pokémon® Master? Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 10-13 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by June 3

Mon-Thu | July 15-18 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by July 8

## Bricks 4 Kidz-Mario Brothers: Grades 1-6

Use LEGO® Bricks to build different characters from Super Mario Brothers and have them come to life using robots, mosaics, and 3D art, made of LEGO® Bricks. Each day will be a new adventure as the virtual and LEGO® worlds combine! Offered in partnership with Bricks 4 Kidz.

Mon-Tue, Thu | June 17-20 | 9 a.m.-noon | Dressel Elem  
\$119 | Register by June 10 | No class June 19

Mon-Thu | July 15-18 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by July 8

## Bricks 4 Kidz-Ninja Turtles: Grades 1-6

Join other builders to battle crime as teenage turtle brothers. Build your minifigures and enter the battles in this camp filled with games and challenges. Offered in partnership with Bricks 4 Kidz.

Mon-Tue, Thu | June 17-20 | 12:30-3:30 p.m. | Dressel Elem  
\$119 | Register by June 10 | No class June 19

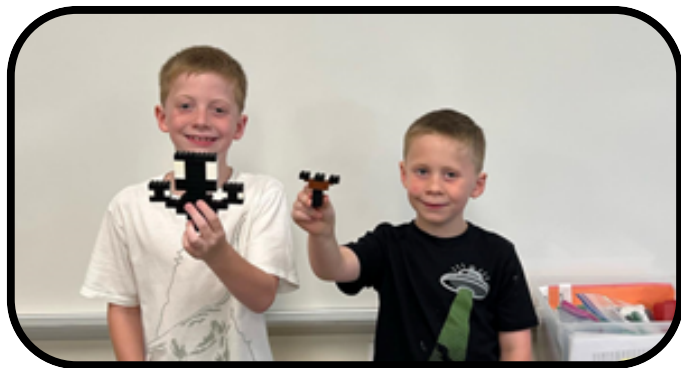
Mon-Thu | July 22-25 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by July 15



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# Enrichment



## Brick Master Challenge: Grades 1-6

Ready for a thrilling challenge? Inspired by the LEGO Masters TV show, this camp is a playground for budding master builders. Learn advanced LEGO techniques, collaborate on imaginative projects, and more. From constructing towering structures to engineering moving creations, it's a journey of innovation, teamwork, and endless fun! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 24-27 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by June 17

## Bricks 4 Kidz-Disney & Star Wars: Grades 1-6

Build lots of motorized Star Wars models for both the Rebel forces and the Dark side! If you're a Disney fan, we have lots of Princesses, Mickey, and Donald too! Come experience this stellar, Magical adventure! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 24-27 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by June 17

## Bricks 4 Kidz-Wizards of Fun: Grades 1-6

Take a thrilling adventure in this all new camp, building Harry Potter characters in a fantasy world of owls, wands, and spells. Offered in partnership with Bricks 4 Kidz.

Mon-Thu | July 8-11 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by June 17



## Crayola-Wild World: Grades 1-6

Find out how wildlife conservationists are working to protect species around the globe. Experiment to create animal-inspired art projects, from frog paintings to polar bear sculptures! Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis.

Mon-Thu | June 10-13 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by June 3

## Crayola-Artist's Passport: Grades 1-6

Explore far off places and learn about the people who live there. Make masterpieces such as drums, masks, prints, and more! Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis.

Mon-Thu | June 24-27 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by June 17

## Crayola-World of Design: Grades 1-6

Take a journey to the farthest reaches of the imagination while learning about the ocean, rainforest, Mars, and more! Create with techniques like sculpting, storyboarding, collage, and mixed media. Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis

Mon-Thu | July 15-18 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by July 8



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# Enrichment



## Art Blazers: Grades 1-6

Discover inspiring masterpieces and the artists who have changed the art world! Design a unique creation each day. Create the change and art that you want to see in the world! Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis.

Mon-Thu | July 22-25 | 9 a.m.-3 p.m. | Dressel Elem  
\$299 | Register by July 15

## Rec Academy-Playground Games: Grades 1-6

Have a blast playing games like kickball, flag tag, soccer, football, relay races, wax museum, floor is lava, and more! Each activity includes educational reflection time. Offered in partnership with the Rec Academy.

### Grades 1-3

Mon-Thu | July 8-11 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by July 1

Mon-Thu | July 15-18 | 12:30-3:30 p.m. | Dressel Elem  
\$159 | Register by July 8

### Grades 4-6

Mon-Thu | June 8-11 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by July 1

Mon-Thu | July 15-18 | 9 a.m.-noon | Dressel Elem  
\$159 | Register by July 8



## Rec Academy-Extreme Sports: Grades 1-6

Get ready to enjoy some of our most exciting activities! Foam tipped archery, gaga ball tournaments, and a mystery game- dodgeball, 9-square in the air, capture the flag. Offered in partnership with the Rec Academy.

### Grades 1-3

Mon-Thu | July 8-11 | 9 a.m.-noon | Dressel Elem  
\$169 | Register by July 8

Mon-Thu | July 15-18 | 9 a.m.-noon | Dressel Elem  
\$169 | Register by July 8

### Grades 4-6

Mon-Thu | June 8-11 | 12:30-3:30 p.m. | Dressel Elem  
\$169 | Register by July 8

Mon-Thu | June 15-18 | 12:30-3:30 p.m. | Dressel Elem  
\$169 | Register by July 8

## Rec Academy-Dance Camp: Grades 1-6

Step up your dance game with new moves, skills, and routines. From isolation movements and dynamic footwork to creating a choreographed piece for all levels. Offered in partnership with the Rec Academy.

Mon-Thu | June 10-13 | 12:30-3:30 p.m. | Dressel Elem  
\$169 | Register by June 3

Mon-Thu | July 22-25 | 9 a.m.-noon | Dressel Elem  
\$169 | Register by July 15



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# Enrichment

## Rec Academy-Drone Racing: Grades 3-6

Learn about the many uses of drones and how to fly a DWI Quad Rotor Drone! Design creative courses for racing, practice working in a team to accomplish flight-based tasks, and more! This camp is half drone racing and half active movement-based games. Offered in partnership with the Rec Academy.

Mon-Thu | June 10-13 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by June 3

Mon-Thu | July 22-25 | 12:30-3:30 p.m. | Dressel Elem  
\$199 | Register by July 15



## Foundations of Yoga: Ages 15+

Learn the proper alignment for your unique body using the most common yoga postures. These poses will be accessible for all skill levels. Class will begin with a warm-up of Somatics and Yin to prepare the body for asana. Class will end with more Somatics to relax and release any muscle tension before moving into Savasana (deep rest) to finish our practice.

Wednesdays | June 5-July 31 | 6:15-7:15 p.m. | Dressel Elem  
\$79 | Register by May 27 | No class June 19, July 3



## Driver Education: Ages 15 with MO Permit

Includes virtual learning classroom, in-person driving, and behind the wheel observation. Learn skills related to traffic laws, vehicle dynamics and driving situations while using techniques for defensive driving. You must be at least 15 years of age with a valid Missouri driving permit. This is a non-credit course, but may help qualify for auto insurance discounts. Total of 4 hours of drive time. All classes are led by certified driving instructors. The instructor will email you prior to the start of class with links and any other info. Drive time sign-up will take place at a later time TBD.

Mon & Wed | June 3-17 | 6-8 p.m. | Zoom/Vehicle  
\$319 | Register by May 27 |

Mon & Wed | June 24-July 15 | 6-8 p.m. | Zoom/Vehicle  
\$319 | Register by June 17 | No class July 1, 3

Tue & Thu | July 30-Aug 13 | 6-8 p.m. | Zoom/Vehicle  
\$319 | Register by July 22



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# Gymnastics, Cheer & Dance



## Gymnastics Team Overview

Reach new heights and gain confidence through competitive gymnastics! Team primarily operates year-round. Practice fees are paid monthly August-June and include your AAU membership. Any meet fees or apparel will be separate. Competition apparel must be purchased at the start of the fall. Registration for team will be available in July with the release of our Fall Catalog. Teams typically compete in at least 6 area meets. We travel to areas such as St. Charles, Poplar Bluff, Farmington, and other AAU sanctioned meets that may require extra travel. Level 1 & 2 are competing teams for gymnasts with 75% or more of the required skills in the routines, or gymnasts that have completed Pre-Team with excellence. Xcel Bronze, Silver, Gold, & Platinum are competing teams with free form level providing variety of skills to choose from and the ability to create a unique routine. For girls with 75% or more of the required skills in the routines. Team is for gymnast ages 5+.

### Team & Pre-Team Tryouts: Ages 5+

Sat | May 18 | 10-11 a.m. | \$10

Sat | May 18 | 11:30 a.m.-12:30 p.m. | \$10

Sat | May 18 | 1-2 p.m. | \$10

Register by May 15 | Takes place at ECE West Gym

### Pre-Team Gymnastics: Ages 5+

Learn what it takes to become a Flyers Gymnast! For gymnast with a strong foundation. Acquire routines and skills for team.

Wed | June 5-July 31 | 5:30-6:45 p.m. | ECE West  
\$109 | Register by May 27 | No class June 19

Sun | June 2-July 21 | 5:30-6:45 p.m. | ECE West  
\$109 | Register by May 27



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### Want to tryout for our gymnastics team?

For gymnastics team inquiries or to schedule a tryout, email Kara at [karawiehage@lindberghschools.ws](mailto:karawiehage@lindberghschools.ws)

# Gymnastics, Cheer & Dance



## Gymnastics Camp: Ages 5-14

Perfect for those wanting all things gymnastics! Great for both beginner and experienced levels. Learn core skills, flexibility, rolls, cartwheels, pullovers, and more. Athletes will work on all equipment including floor, bars, beam, vault, and trampoline. Register by May 8 to guarantee a camp t-shirt.

Mon-Fri | June 3-7 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by May 27

Mon-Fri | June 10-14 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by June 3

Mon-Fri | June 24-28 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by June 17

Mon-Fri | July 15-19 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by July 8

Mon-Fri | August 5-9 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by July 29

or

Mon-Fri | August 5-9 | 9 a.m.-noon | ECE West  
\$119 | Register by July 29

## Competitive Gymnastics Camp: Ages 5-14

Perfect for those currently on a gymnastics team or those with gymnastics team experience. Spend the week on perfecting your skills and pushing your limits. Camp will be fast-paced, but still allow plenty of time to work on your craft in many areas of gymnastics such as floor, bars, beam, vault, and trampoline. Enroll by May 8 to guarantee a camp t-shirt in the correct size!

Mon-Fri | July 8-12 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by July 1

Mon-Fri | July 29-Aug 2 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by July 22

## Jr. Cheerleading Camp: Ages 5-14

Cheerleading teaches athletes about leadership, teamwork, and also helps build confidence. Learn motions, jumps, chants, and cheers. Plus, work on skills such as tumbling, conditioning, and stunting. Enroll by May 8 to guarantee a camp t-shirt in the correct size!

Mon-Tue, Thu-Fri | June 17-21 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by June 10 | No camp June 19

Mon-Fri | July 22-26 | 9 a.m.-3:30 p.m. | ECE West  
\$219 | Register by July 15

or

Mon-Fri | July 22-26 | 9 a.m.-noon | ECE West  
\$119 | Register by July 15

## Skyhawks Cheerleading Camp: Ages 6-14

Lead the crowd and support the home team! Learn cheers, movements, and jumping techniques. We'll skip stunting to focus on teamwork and leadership, ending with a cheer performance. Offered in partnership with Skyhawks Sports.

Tue-Fri | May 28-31 | 9 a.m.-noon | ECE West  
\$125 | Register by May 20



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# Gymnastics, Cheer & Dance

## Boys Team: Ages 6+ Tryout Required

This free-form level of gymnastics gives athletes the ability to compete on bar, floor, vault, and circles/support. Open to anyone that is interested in getting into or advancing in the competitive world of gymnastics.

Thursdays | June 6-27 | 4:30-6 p.m. | ECE West  
\$65 | Register by May 27

## Boys Gym Time: Ages 6+

Race through obstacles, learn parkour, gymnastics, and tumbling! Plus, learn core skills, flexibility, strength, round-offs and more.

Mondays | June 3-July 22 | 7-7:50 p.m. | ECE West  
\$99 | Register by May 27

## Private Gymnastics Lessons: Ages 5+

Work one-on-one to perfect skills, work on routines, or explore new tricks! Lessons are 30 minutes long. Coaches will reach out to figure out a date and time that works best.

\$99 for four 30-minute sessions

Email [karawiehage@lindberghschools.ws](mailto:karawiehage@lindberghschools.ws) for more info



## Open Gyms: Ages 5+

Open gyms are for those who want to try out gymnastics, work on routines, or just have fun! You do not have to be a gymnast to attend. There will be coaches to supervise, however formal instruction or skill spotting not provided.

Fridays | 5-7 p.m. | ECE West

Sign-up for one or all! Select your dates:

June 14 | June 28 | July 12 | July 26 | Aug 9

\$10 per date | Registration ends 1-day prior to each date

## Parent-Child Gym Exploration: Ages 1-3

You are never too young to be in the gym! Little ones will love the special gym time to play and explore. Watch your child's motor skills and confidence grow. Minimal instruction provided. Must have at least one parent/adult per child.

Wednesdays | June 5-July 17 | 4-4:30 p.m. | ECE West  
\$45 | Register by June 10 | No class June 19



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# Gymnastics Class Progression Flow Chart

<b>Start Here</b>	<b>No</b>	<b>Yes</b>	<b>Class Name</b>
Is the student between the ages of 12 and 36 months?	X	✓ →	Parent/Child Page 25
Is the student either age 3 or 4 years old?	X	✓ →	Bouncing Bears Page 25
Is the student between the ages 5 and 14 with little to no gymnastics experience?	X	✓ →	Rolling Rhinos Page 25
Is the student between the ages of 5 and 14 with some experience, but looking to solidify the basics?	X	✓ →	Tumbling Tigers Page 26
Is the student between the ages of 5 and 14 with prior experience and can perform the basic skills?	X	✓ →	Leaping Lions Page 26
Is the student between the ages 5 and 14 with solid fundamentals & ready to for advanced event skills?	X	✓ →	Pouncing Panthers Page 27
Are you interested in another gymnastics class not listed on this chart?	X	✓ →	All of the other class options for gymnastics, cheer, & dance Pages 21-27



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# Gymnastics, Cheer & Dance



## Bouncing Bears: Ages 3-4

Learn and explore gymnastics through obstacle courses and games. Learn the equipment and focus on movement that helps develop coordination, balance, and body awareness. Must be potty trained prior to enrolling. Space is limited!

Mondays | June 3-July 22 | 4:15-4:45 p.m. | ECE West  
\$65 | Register by May 27

Tuesdays | June 4-July 23 | 4:45-5:15 p.m. | ECE West  
\$65 | Register by May 27

Wednesdays | June 5-July 31 | 4:45-5:15 p.m. | ECE West  
\$65 | Register by May 27 | No class June 19

## Rolling Rhinos: Ages 5-14

Get your journey started with an intro to the fundamental skills of gymnastics. Learn core skills, flexibility, strength, rolls, cartwheels, and more! Build a strong foundation at your own pace.

### Ages 5-6

Mondays | June 3-July 22 | 6-6:50 p.m. | ECE West  
\$99 | Register by May 27

### Ages 7-14

Sundays | June 2-July 21 | 3-3:50 p.m. | ECE West  
\$99 | Register by May 27

## Tumbling Tigers: Ages 5-14

Solidify the fundamental skills of gymnastics! Master cartwheels, rolls, high beam, bars, and vault skills.

### Ages 5-6

Sundays | June 2-July 21 | 3-3:50 p.m. | ECE West  
\$99 | Register by May 27

### Ages 7-14

Mondays | June 3-July 22 | 7-7:50 p.m. | ECE West  
\$99 | Register by May 27

## Leaping Lions: Ages 5-14

For experienced gymnast to build on current skills, learn body awareness, and strength building. These athletes will explore the next set of skills along with further solidifying the basics.

### Ages 5-6

Mondays | June 3-July 22 | 5-5:50 p.m. | ECE West  
\$99 | Register by May 27

### Ages 7-14

Mondays | June 3-July 22 | 5-5:50 p.m. | ECE West  
\$99 | Register by May 27

## Pouncing Panthers: Ages 5-14

Prepare yourself for making a big jump to Pre-Team. Focus on advanced skills throughout all gymnastics events.

### Ages 5-6

Tuesdays | June 4-July 23 | 5:30-6:20 p.m. | ECE West  
\$99 | Register by May 27

### Ages 7-14

Mondays | June 3-July 22 | 6-6:50 p.m. | ECE West  
\$99 | Register by May 27



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# Sports

POSITIVE  
COMMENTS  
ONLY



## Tee Ball Tots: Ages 3-5

Learn the fundamentals of the game and develop a love of the game! Focus on fine and gross motor skills as well as body control while doing the basics, such as throwing, catching, hitting, and running control. Offered in partnership with Skyhawks Sports Academy.

Age 3 | Mon | June 3-July 15 | 6-6:30p.m. | Truman Middle  
\$69 | Register by May 6 | No class July 1

Ages 4-5 | Mon | June 3-July 15 | 6:45-7:35 p.m. | Truman Middle  
\$89 | Register by May 6 | No class July 1

Ages 4-5 | Sat | June 8-July 20 | 9-9:50 a.m. | Truman Middle  
\$89 | Register by May 6 | No class July 6

## 5-Tool Baseball Camp: Grades 1-3

Enhance your all-around play through a variety of exercises, while keeping focus on fundamental skill development. Take your baserunning, throwing, fielding, hitting, and team play to another level in this 3-day camp. Led by area baseball coaches.

Mon-Wed | July 1-3 | 9-11 a.m. | Truman Middle  
\$89 | Register by June 24



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# Sports



## Machine Pitch Baseball League: Grades 1-6

Let's play ball! Develop your skills and knowledge of the game in a team setting. Once a week practice in the evening and an 8-game schedule. Bring own glove and water bottle. Depending on the number of registrations, grade levels may be combined. Volunteer coaches needed. Placement for summer is based on student's grade for the 2024-25 school year.

Projected divisions by grades are: 1-2, 3-4, 5-6

Practice Begins: Week of May 27

Games Begin: June 7-8 (Fri & Sat)

Held at Truman Middle or other area facilities

\$109 | Register by April 8

\$124 after April 8, only if space is available

## Batter Up Baseball Camp: Grades 1-3

Gain the fundamentals of fielding, catching throwing, hitting, and base running Specifically designed for beginning and intermediate players with a focus on respect, teamwork, and sportsmanship. Offered in partnership with Skyhawks Sports Academy

Mon-Thu | July 29-Aug 1 | 9 a.m.-noon | Truman Middle

\$149 | Register by July 22



## Youth Martial Arts w/Finney's: Ages 6-13

Learn various forms of Martial Arts and Self-Defense. Class will include boxing, kickboxing, self-defense, and wrestling techniques. Goals of this class are to teach discipline, respect, and build self-confidence. Led by a certified trainer from Finney's All N 1 Fitness and MMA.

### Takes place at Finney's All N 1 Fitness

Mon & Wed | May 29-June 26 | 4:30-5:30 p.m.

\$99 | Register by May 22 | No class June 19

Tue & Thu | May 28-June 20 | 4:30-5:30 p.m.

\$99 | Register by May 21

Tue & Thu | June 27-July 25 | 4:30-5:30 p.m.

\$99 | Register by June 20 | No class July 4

Mon & Wed | July 8-31 | 4:30-5:30 p.m.

\$99 | Register by July 1

## Youth Jiu Jitsu w/Finney's: Ages 6-13

There is a time and a place for martial arts training. This program integrates: self-defense techniques, conditioning, and skill orientated games aiming to improve motor skills, agility, and flexibility. Led by a certified trainer from Finney's All N 1 Fitness and MMA.

### Takes place at Finney's All N 1 Fitness

Mon & Wed | May 29-June 26 | 4:30-5:30 p.m.

\$99 | Register by May 22 | No class June 19

Tue & Thu | May 28-June 20 | 4:30-5:30 p.m.

\$99 | Register by May 21

Tue & Thu | June 27-July 25 | 4:30-5:30 p.m.

\$99 | Register by June 20 | No class July 4

Mon & Wed | July 8-31 | 4:30-5:30 p.m.

\$99 | Register by July 1



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# Sports

## 8U Tennis: Ages 4-8

Revolves entirely around having fun, developing hand/eye coordination, and introducing basic stroke fundamentals. Proper rallying and serving aspects are explored while learning the basic rules of the game. Players will be divided into groups based on experience. Offered in partnership with Vetta Tennis.

Mondays | June 3-July 22 | 9-10:30 a.m. | LHS  
\$99 | Register by May 27 | No class June 17, July 8

Thursdays | June 6-July 25 | 5:30-6:30 p.m. | LHS  
\$119 | Register by May 30 | No class July 4

## 12U Tennis: Ages 9-12

Be encouraged to rally in a controlled fashion while learning the basics of score keeping and an introduction to more strategy based drills. Singles and doubles are introduced and scoring on the age-appropriate shortened courts. Players will be divided into groups based on experience. Offered in partnership with Vetta Tennis.

Mondays | June 3-July 22 | 8:30-9:30 a.m. | LHS  
\$99 | Register by May 27 | No class June 17, July 8

Thursdays | June 6-July 25 | 5:30-6:30 p.m. | LHS  
\$119 | Register by May 30 | No class July 4

## Developmental MS & HS Tennis: Ages 13-18

Specifically built for middle school and high school players interested in tennis. Drills are predominantly live ball situational drills and strategy oriented. Players will be divided into groups based on experience. Offered in partnership with Vetta Tennis.

Mondays | June 3-July 22 | 10:30-11:30 a.m. | LHS  
\$99 | Register by May 27 | No class June 17, July 8

Thursdays | June 6-July 25 | 6:30-7:30 p.m. | LHS  
\$119 | Register by May 30 | No class July 4



## Ultimate Frisbee Clinic: Grades 4-9

Ultimate is a fast paced field sport where teammates work together to pass the disc and advance it into the other team's endzone. Players learn numerous real-world skills, including: verbal communication, navigating complex rules, celebrating opponents' successes, overcoming failure, prioritizing respect, fair play, and sportsmanship. Led by Lindbergh teacher and LHS Ultimate club head coach, Kristina Kohl.

### Beginner

Wednesdays | May 29-July 10 | 3:15-4:45 p.m. | Truman  
\$64 | Register by May 27 | No class June 19, July 3

### Intermediate

Wednesdays | July 17-Aug 14 | 3:15-4:45 p.m. | Truman  
\$64 | Register by July 11

## Flyers Soccer Club Kickaround: U8-U13

Our Flyers Soccer Club is growing and looking to add teams and players. Teams will compete in local select leagues and tournaments throughout the year. If you are a coach wanting to place your team in our club or if your student is interested in joining, email Curt Riek at [curtrieb@lindberghschools.ws](mailto:curtrieb@lindberghschools.ws) for more information.

Sun afternoon | June 9 | Times TBD | Truman Middle  
Free | Register by June 1



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# Sports

## Youth Beginner Golf: Ages 7-12

Enjoy the lifetime sport of golf by learning driving, chipping, pitching, and putting. Bucket of balls are located on-site for a separate fee. Led by certified golf coaches with St. Louis Golf lessons.

**Takes place at Tower Tee Golf and Recreation Complex**

### Ages 7-9

Mondays | July 8-Aug 5 | 5:30-6:20 p.m.  
\$129 | Register by July 1

### Ages 10-12

Mondays | July 8-Aug 5 | 6:30-7:20 p.m.  
\$129 | Register by July 1

## Youth Beginner Golf 2: Ages 7-12

Perfect for those who have successfully completed Beginner Level 1. Beginner Level 2 builds on and improves driving, chipping, pitching and putting skills learned in Session 1. Bucket of balls are located on-site for separate fee. Taught by certified golf coaches with St. Louis Golf lessons.

**Takes place at Tower Tee Golf and Recreation Complex**

Tuesdays | July 9-Aug 6 | 5:30-6:20 p.m.  
\$129 | Register by July 1

Tuesdays | July 9-Aug 6 | 6:30-7:20 p.m.  
\$129 | Register by July 1

## Junior & Adult Beginner Golf: Ages 13+

It's never too late to learn the game of golf or improve your skills. This program will cover both the full swing and short game, putting, chipping and sand. Bucket of balls located on-site for a separate fee. Taught by certified golf coaches with St. Louis Golf lessons.

**Takes place at Tower Tee Golf and Recreation Complex**

Mondays | July 8-Aug 5 | 7:30-8:20 p.m.  
\$129 | Register by July 1



## Next Step Golf Academy Clinics: Ages 5-12

Hit the links and learn the game of a lifetime! Develop the foundation for a good swing, plus putting, and chipping. Enjoy playing the game of golf in a beautiful surrounding and with many fun challenges! Own clubs suggested, but not required. This program is a seasonal favorite and fills fast, so don't wait to register! Offered in partnership with Tapawingo Golf and led by golf pro Dave Reinhardt.

**Held at Tapawingo National Golf Club**

### Ages 5-8

Wednesdays | May 29-June 26 | 6-7:15 p.m.  
\$119 | Register by May 22 | No class June 19

### Ages 9-12

Wednesdays | May 29-June 26 | 7:15-8:30 p.m.  
\$119 | Register by May 22 | No Class June 19



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# Sports



## Loberg Flag Football Camp: Grades 2-5

Come learn the rules and skills of the games on both sides of the ball! Compete in daily skills contests and enjoy scrimmaging on the final day of camp. Offered in partnership with Loberg Athletics.

Mon-Thu | June 3-6 | 9-11:30 a.m. | Truman Middle  
\$99 | Register by May 26

## Scott Gallagher Soccer Camp: Grades 1-8

Take your game to the next level! Learn proper techniques, and participate in individual and team building skills. Campers will be divided by grades. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Tue-Fri | May 28-31 | 9 a.m.-noon | Truman Middle  
\$129 | Register by May 21

Mon-Thu | July 8-11 | 9 a.m.-noon | Truman Middle  
\$129 | Register by July 1



## Skyhawks Flag Football Camp: Ages 7-12

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by the experts from USA Football, learn passing, receiving, kicking, and flag pulling. Gain confidence in a fun and positive environment. Offered in partnership with Skyhawks Sports Academy.

Mon-Thu | July 22-25 | 9 a.m.-noon | Truman Middle  
\$149 | Register by July 15

## Baseball & Soccer Camp: Ages 7-12

Multi-Sport programs introduce young athletes to a variety of different sports in one setting. Learn the rules and essential skills of each sport, along with sportsmanship, inclusion, and teamwork. Offered in partnership with Skyhawks Sports Academy.

Mon-Thu | June 10-13 | 9 a.m.-noon | Truman Middle  
\$159 | Register by June 3

Mon-Thu | July 15-18 | 9 a.m.-noon | Truman Middle  
\$159 | Register by July 8

## Summer Games Track & Field: Ages 7-12

Gain knowledge and experience while learning body positioning, stride, proper stretching, and cool-down techniques. Events include javelin, discus, shot put, hurdles, long jump, triple jump, and running events. Offered in partnership with Skyhawks Sports Academy

Mon-Thu | June 24-27 | 9 a.m.-noon | LHS  
\$149 | Register by June 17



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# Sports



## Big Shots Basketball Camp: Ages 7-12

Includes speed & agility, ballhandling, shooting, defense understanding of rules, and leadership development. Expect a fast pace environment that creates competition. The first 2 days will include skills and drills. The last 2 days we will break up into teams based on an evaluation of the previous 2 days and allow leadership and collaboration to create offensive and defensive schemes, ending with a tournament. Offered in partnership with Loberg Athletics.

### Ages 7-8

Mon-Thu | July 15-18 | 9 a.m.-noon | LHS

\$159 | Register by July 8

### Ages 9-12

Mon-Thu | July 15-18 | 1-4 p.m. | LHS

\$159 | Register by July 8



## Breakaway Basketball Camp: Ages 7-12

Ready to play? Hit the hardwood in this skill-building clinic. Focus on core basketball skills for all levels. Learn proper dribbling, shooting mechanics, offensive and defensive strategies, and footwork placement. Both training and scrimmage gameplay included. Offered in partnership with the Rec Academy.

### Ages 7-8

Mon-Thu | June 24-27 | 9 a.m.-noon | LHS

\$159 | Register by June 10

### Ages 9-12

Mon-Thu | June 24-27 | 1-4 p.m. | LHS

\$159 | Register by June 10

## FUNDamentals Camp: Ages 7-12

Basketball, Wiffle Ball, Flag Football and Ultimate Frisbee! With so many great options, why settle for just one? Play different mini games, learn new skills, and more! Offered in partnership with the Rec Academy.

### Ages 7-8

Tue-Fri | May 28-31 | 9 a.m.-noon | Concord Elem

\$159 | Register by May 20

### Ages 9-12

Tue-Fri | May 28-31 | 1-4 p.m. | Concord Elem

\$159 | Register by May 20

### Join our team and teach with us!

Do you have a special talent, skill, or knowledge you wish to share? Then join our team and teach with us! Contact us if you are interested. Please send an email to us at [communityed.rec@lindberghschools.ws](mailto:communityed.rec@lindberghschools.ws).



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