Durham PAC
Grade Level 10

CARING

We would show caring by paying attention to people who normally don't get proper attention

RESPONSIBILITY

We would pick up the responsibilities of families who don't visit by doing it for them

RESPECT

We would show respect by having meaningful and considerate conversations

Socializing SENIORS

WHAT'S THE ISSUE?

Seniors citizens rarely get visitors because families are too busy, live far away, or sadly don't care or want to deal with the situation. We believe that seniors, no matter how old or how extensive their medical situation is, deserve proper attention and socialization.

DOES ANYBODY HELP?

Sadly, no. There are no organizations or charities in the St. Louis area that specifically deal with the socialization of seniors, however some organizations, such as scouts or independent schools occasionally help.

WHAT'S THE AUDIENCE?

If selected, this program would help the senior citizens and the families thereof at Sunset Hills Healthcare & Rehab Center, where seniors of various ages and physical and mental abilities reside.

WHERE IS IT?

Sunset Hills Healthcare & Rehab Center is located at 10954 Kennerly Rd., St. Louis, MO 63128, nearby St. Anthony's Medical Center and Kennerly Elementary School.



WHAT WOULD WE DO?

To provide a meaningful and beneficial experience for the senior citizens, we would use the \$250 to buy food (cookies, lemonade, etc.) as well as contacting the St. Louis Bread Company, who are notorious for generous food and pastry donations. We would use that food to throw a social get-together for all the seniors. Furthermore, every member of our PAC would bring a card or board game to play in groups with the residents, and engage in chats with them.





TIME-LINE OF THE DAY

9:00- Meet up with PAC, prepare materials, brainstorm possible conversation topics.

10:00- Take the bus to Sunset Hills Healthcare & Rehab Center.

10:15- Arrive, set up materials, and greet the residents.

10:30- Serve food, host games in groups.

11:30- Get on bus back to school.

11:45- Arrive back at school.

Card and board games, as well as paper plates and cups will be brought in by students



PROPOSAL BUDGET



ITEMS	COST	AMOUNT	TOTAL
School Bus	\$44.16/Hr	<2 Hours	\$88.32
Cookie Platter (Dierburgs)	\$19.99	1	\$20
Mini-Sandwich Platter (Dierburgs)	\$44.99	2	\$88.89
Lemonade (Dierburgs)	\$25	2	\$50
			GRAND TOTAL: \$247.21

Why choose us?

We believe that all people, especially senior citizens, need and deserve love, attention, and care. Sadly, not all families are able to or want to visit with their elders. These people have been here a long time, and don't deserve to be stuck in a home without proper socialization. Even the slightest of gestures can make someone in their situation's day. We want to take it a step further and host a social get-together for the residents of the home. This proposal can help with the wellbeing of these seniors, which will give a slight break to those working there, and make it known that Lindbergh cares.